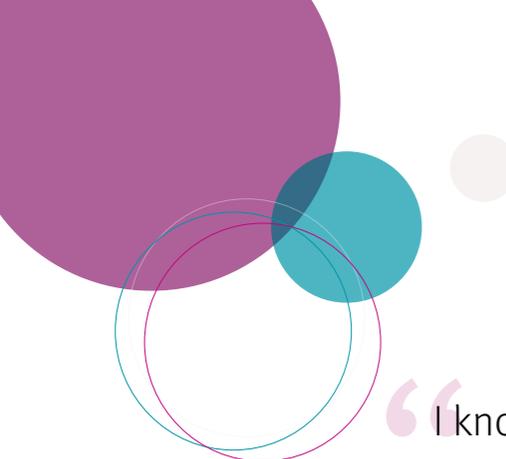


My legacy

Your guide to
leaving a gift
in your Will

Raise awareness.
Fund research.
Save lives.





“I know what it’s like to see someone you love go through ovarian cancer. My mother Marjie died in 2010 and not a day goes by when I don’t think of her, and what more could have been done.”



Sarah Greene

Target Ovarian Cancer Patron

I know what it’s like to see someone you love go through ovarian cancer. My mother Marjie died in 2010 and not a day goes by when I don’t think of her, and what more could have been done.

11 women die every day from ovarian cancer. That’s 11 lives lost and hundreds shattered as family and friends say goodbye too soon to someone they love because of this devastating disease.

But there is hope.

We see a future where a woman with ovarian cancer is diagnosed earlier. Where she receives personalised treatment with fewer harsh side effects. Where she continues to live her life in the way that she chooses. We want this to be our legacy. Will you make it part of yours?

It’s time to TAKE OVAR. By leaving a gift in your Will to Target Ovarian Cancer you can help to raise awareness and to train generations of GPs so that more women are diagnosed earlier. By leaving a gift in your Will you can help fund world-class research to develop treatments that will save thousands of lives every year.

Be part of our legacy.

Together, we can create a world where no-one has to say goodbye too soon to someone they love because of ovarian cancer.



“It’s absolutely vital to me that women have an early diagnosis of ovarian cancer.”

Pam, diagnosed with ovarian cancer in 2006



Why Target Ovarian Cancer?

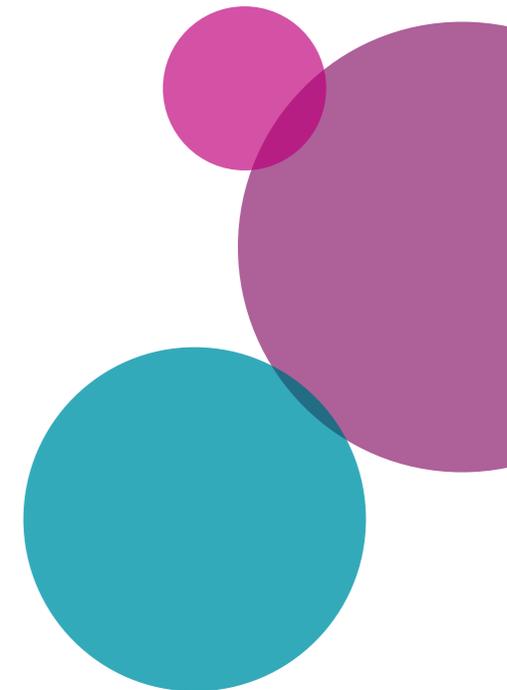
We are the authority on ovarian cancer. We work with women, family members and health professionals to target the areas that matter most for everyone living and working with ovarian cancer. All of our work is rooted in research and evidence.

We are a community. Women who have had a diagnosis of ovarian cancer and their loved ones are at the heart of what we do. We listen carefully to find out what would make a difference to them, and their shared experiences help lessen the isolation felt by so many others.

We make an impact. It is only together that we will achieve our goal. We have already trained half of all GPs in best practice for early diagnosis of ovarian cancer. We have already committed over £1 million to world-class research projects. Together we can TAKE OVAR and do even more.

We want to accelerate change in ovarian cancer, and there has never been a better time to do this.

It’s time to TAKE OVAR. With your support, we can make that change happen.





Why I've left a legacy to Target Ovarian Cancer

Andy from Norfolk lost his wife Val to ovarian cancer in 2017. Leaving a gift in his Will has helped him pay tribute to his determined and beautiful wife.

I was the luckiest of men to have met someone like Val. We met in 1981 at a teaching conference. I saw her across the room and she was beautiful - the 25 yards it took to walk over to her was one of the bravest things I ever did.

We lived our lives for each other. Eventually we retired together and built a successful B&B, and we loved every minute. It was only when this came to an end that Val became aware of a pain in her stomach.

The GP kept passing her symptoms off – anything from a strain to IBS. After many tests and a gallstone operation, we were told that Val had ovarian cancer. She was incredible through chemotherapy, but the diagnosis had come too late for treatment to be effective. She was 69 years old when she died. We were supposed to grow old together.

Before she died, Val and I talked about ovarian cancer and the need for better treatments. When I came to renew my Will, it was important that it reflected this. Leaving a gift felt like a very positive thing to do. It was my way of honouring Val. She was a remarkable woman. Now

Val's memory will stay alive and she can continue in some form and help other women. That's such a wonderful thing.

To read Andy and Val's story in full and find out more about leaving a gift in your Will visit targetovariancancer.org.uk/Legacy

“My legacy is my research. I want to make a difference in memory of my mum.”

Dr Zahra Faraahi, ovarian cancer researcher



Your legacy could fund innovative research

Dr Zahra Faraahi's research into personalising ovarian cancer treatments was funded by Target Ovarian Cancer. During the course of the research project, her mum Farzaneh died from ovarian cancer.

Now Zahra is determined to see more ovarian cancer research made a reality.

It is absolutely devastating watching someone go through ovarian cancer, I know that first hand. My mum Farzaneh had amazing care, and the whole family is grateful to have had such a special time with her before she died. But there is so much more that needs to be done.

Ovarian cancer research is woefully underfunded, and we need to change this. We are already prolonging women's lives and improving the quality of those lives – but we can do more. More effective treatments, better treatment choices, finding ways to diagnose ovarian cancer faster – all of this is in front of us. We need to fund these projects now.

My mum was always pushing me in my career and before she died she said to me, "After I'm gone, I want you to make a difference." I like to think that if she were watching me now, she'd be so proud. She would be clapping her hands and telling me to hurry up.

Your legacy could fund more ovarian cancer researchers like Zahra. Help us find the next breakthrough that will save lives.

Your legacy could be the next breakthrough in treatment

A focus on niraparib

After many years of research and clinical trials, a revolutionary new ovarian cancer drug has become available across the UK. Niraparib (Zejula®) works by stopping cancer cells from repairing themselves, effectively crippling them.

New targeted treatments like niraparib are almost unheard of in ovarian cancer – just two others have been approved for use on the NHS before now. Niraparib is the first time a breakthrough drug has been made available to

women with recurrent ovarian cancer on a mass scale. Until now, women with ovarian cancer have had to watch from the sidelines, waiting for their chance at life-changing treatment as scientific breakthroughs have been made elsewhere.

Target Ovarian Cancer played a key role in making niraparib available and we will not stop fighting for better treatments. By leaving a gift in your Will, you can help fund life-saving research and change the future for women with ovarian cancer.

Your legacy will make a difference

A gift in your Will really can change the future for women with ovarian cancer.

A gift of **£100** could help 100 people to learn about the symptoms of ovarian cancer, making sure they know when to visit their GP

A gift of **£1,250** could fund a week of world-class research into new ovarian cancer treatments

A gift of **£5,000** could train over 650 GPs to help ensure earlier diagnosis of ovarian cancer

A gift of **£66,000** could fund one of Target Ovarian Cancer's research projects for an entire year

“New treatments give us hope for the future.”

Dee, diagnosed with ovarian cancer in 2016



How to leave a gift in your Will

1. **Talk to your family and friends**

We understand that they come first. Discuss with them why you are passionate about Target Ovarian Cancer and how you intend to leave a gift, once you have remembered your loved ones.

2. **Make sure it is legal**

We recommend using a solicitor or professional Will writer when writing or amending your Will. Ask friends or family to recommend somebody locally or visit lawsociety.co.uk to search for a registered solicitor near you.

3. **Ensure our details are correct**

Take the following important information with you when making or amending your Will to ensure the gift comes to the right place:

Name:

Target Ovarian Cancer

Registered address:

2 Angel Gate, London EC1V 2PT

Charity numbers:

1125038 (England and Wales)

SC042920 (Scotland)

Your gift is yours alone, but if you wish to let us know that you have included Target Ovarian Cancer in your Will, please get in touch. This will help us to plan for the future and we'll send you a letter to tell you what your legacy could achieve.

What type of gift should I leave?

There are three main types of legacy gift that you could leave in your Will:

- **Residuary**

A share of your estate. Many of our supporters prefer to leave a share of their estate so that the value of their gift remains the same over time.

- **Pecuniary**

A specific amount of money.

- **Specific**

A specific item such as a property, shares or jewellery.

If you would like to dedicate your legacy gift to the memory of a loved one, please get in touch. We can engrave their name and words of your choice on a leaf of our tribute tree as a permanent symbol of your gift.

Suggested wording for your Will

If you are amending a Will you have already made, please request our codicil form by emailing **legacy@targetovariancancer.org.uk** or download it directly at targetovariancancer.org.uk/Legacy.

If you are making a new Will, your solicitor will be able to word a gift for you but you may find the following suggestions helpful:

To give a share of your estate (residuary):

I give to Target Ovarian Cancer of 2 Angel Gate, London EC1V 2PT charity registration number 1125038 in England and Wales and SCo42920 in Scotland [%] of my residuary estate for its charitable purposes and I direct that the receipt of the Treasurer or other duly authorised officer shall be a sufficient discharge to my Executors.

To give a specific amount of money:

I give to Target Ovarian Cancer of 2 Angel Gate, London EC1V 2PT charity registration number 1125038 in England and Wales and SCo42920 in Scotland the sum of [£] for its charitable purposes and I direct that the receipt of the Treasurer or other duly authorised officer shall be a sufficient discharge to my Executors.

Tell me about inheritance tax

We recommend talking to your solicitor about inheritance tax and how it will affect your particular circumstances. You can keep up to date with changes to tax rules at [gov.uk/inheritance-tax](https://www.gov.uk/inheritance-tax). Here is a simple explanation of how inheritance tax works in relation to estates which include charitable gifts.

Inheritance tax is a tax on the estate (the property, money and possessions) of someone who's died.

The standard inheritance tax rate is 40 per cent. It's only charged on the part of your estate that's above your tax-free threshold.

Example

Your estate is worth £500,000 and your tax-free threshold is £325,000. The inheritance tax charged will be 40 per cent of £175,000 (£500,000 minus £325,000).



The thresholds

There's normally no inheritance tax to pay if the value of your estate is below the £325,000 threshold. There is also no inheritance tax to pay if you leave everything to your spouse or civil partner, a charity or a community amateur sports club.

If you give away your home to your children (including adopted, foster or stepchildren) or grandchildren your threshold can increase to £450,000.

If you're married or in a civil partnership and your estate is worth less than your threshold, any unused threshold can be added to your partner's threshold when you die. This means their threshold can be as much as £900,000.

Leaving 10 per cent to charity

Your estate can pay inheritance tax at a reduced rate of 36 per cent if you leave 10 per cent or more of the net value to charity in your Will. If your estate is over £325,000, use of this could enable you to leave a legacy to charity, whilst reducing the rate of inheritance tax payable which could have a positive impact on your other beneficiaries. In some cases, you can leave a gift to charity at no cost to the other beneficiaries in your Will.

Please be aware that inheritance tax rules change frequently, always speak to your solicitor for legal advice and keep up to date with changes to tax rules at [gov.uk/inheritance-tax](https://www.gov.uk/inheritance-tax)



Our **promise** to you

We understand that leaving a gift in your Will is an incredibly personal and special decision. Our promise to you is:

We will ensure your gift is used wisely so that it has the greatest impact for women with ovarian cancer.

We agree that your family and friends come first, and promise to always communicate with you and your family with sensitivity and respect.

You can change your mind about leaving a gift in your Will at any time, and we will always respect your decision.

We promise to always respect your privacy. Any personal information that you choose to give us will be handled securely and confidentially.

We will always be happy to answer any questions you have about our work and update you on the difference gifts in Wills make.

Frequently asked questions

Why do I need a Will?

A Will is one of the most important documents you will ever need. By making a Will you can ensure that your estate goes to the people or causes that you really care about.

I want to take care of my family and friends, can I still give to Target Ovarian Cancer?

We understand that your family and friends come first. After they are provided for, even one per cent of your estate left to Target Ovarian Cancer can make a huge impact on our work.

How much should I give?

Every gift matters to us, whatever the size, and every gift will help to change the future for women with ovarian cancer.

Can I change my mind?

You can change your mind about leaving a gift in your Will to Target Ovarian Cancer at any time. If you do decide to do this, it would be really helpful if you could update us to help us plan accordingly.

How much of my gift will go to tackling ovarian cancer?

We do everything we can to minimise our running costs with just three per cent of donations spent on administration. If you would like to speak to us about restricting your legacy gift to a particular area of our work, please do not hesitate to get in touch.



Can I dedicate a gift in my Will to a loved one?

Dedicating a gift in your Will to a loved one can be an incredibly special way to remember someone. If you would like to do this, please let us know. You may wish to mark this by placing a dedication leaf on our tribute tree. We would be happy to talk you through how to do this.

I have further questions

If you would like to speak to us about leaving a gift in your Will, in confidence, please call one of our team on **020 7923 5474** or email **legacy@targetovariancancer.org.uk**

We would be delighted to hear from you.

“With your support,
more women like me
can be there for our
loved ones”

Pauline (right), diagnosed with
ovarian cancer in 2014, and
granddaughter Mia



Support for women with ovarian cancer and their families

We're here for you

Get in touch with our nurse-led Support Line
for more information, support and signposting
for anyone affected by ovarian cancer. Call
020 7923 5475 (Monday to Friday from 9am
to 5.30pm) or visit
targetovariancancer.org.uk/SupportLine





Leaving a gift in your Will

To speak to us in confidence please get in touch

 Telephone: **020 7923 5474**
 Email: **legacy@targetovariancancer.org.uk**
 Website: **targetovariancancer.org.uk/Legacy**

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Target Ovarian Cancer is a company limited by guarantee, registered in England and Wales (No. 6619981). Registered office: 2 Angel Gate, London EC1V 2PT. Registered charity numbers: 1125038 (England and Wales) and SCo42920 (Scotland).



It's time to
TAKE OVAR

